

I worked with elderly people as a community social worker in Singapore from Sept 2012 to June 2015. I handled more than 30 cases in issues related to older people over the past two years and assisted the elderly and their family members in financial, emotional, health, relationship issues and more. Other than case management, I ran an elderly program to improve the well-beings of the seniors residing in the community. The past three years' overseas working experience has helped me gain a deeper understanding towards social work and set up a clear career goal towards being whom I want to be, a better social worker to provide better service to clients, especially the older adults, through advanced clinical and advocacy skills.

During the journey with the older adults, I received their love and care, which motivated me to continue pursuing social work career. One of my ex-clients insisted in giving me S\$100 for celebrating my marriage. I did not accept the money but I sincerely expressed my thankfulness towards her care and love. I felt very touched at that moment because her monthly income was only S\$400 from government assistance. In the meantime, the struggles some elderly clients have come across also help me realize my limitation, and thus encouraged me to expand my knowledge and to explore alternative ways of providing more effective and efficient service to clients.

I would set priority to work in primary care setting after graduation to provide services to the elderly. With an increasing amount of aging population choosing to age in place, I would like to initiate campaigns or other forms of activities in the future to raise public awareness of the elderly living alone who are in need of help, and to set up more group work to impart aging related knowledge in the community.